

AM & PM Snack

September 2022



(WG) – Whole Grain (WW) – Whole Wheat

(MG) – Multi Grain

Sundav	Mondav	Tuesdav	Wednesdav	Thursdav	Fridav	Saturday
<p>Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>				<p>1 (WG) Goldfish Crackers Banana Juice and Water</p>	<p>2 Oatmeal Cookies Orange Slices Juice and Water</p>	<p>3 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>4 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>5 School Closed Labor Day</p>	<p>6 (WG) Cereal Mix Banana Apple Slices Juice and Water</p>	<p>7 Graham Crackers Banana Juice and Water</p>	<p>8 Pretzels String Cheese Apple Slices Juice & Water</p>	<p>9 Vanilla Yogurt Mandarin Oranges Juice and Water</p>	<p>10 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>11 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>12 Ritz Crackers & Cheese Apple Slices Juice and Water</p>	<p>13 (WG) Wheat Crackers Mandarin Oranges Juice and Water</p>	<p>14 (WG) Cereal Mix Apple Sauce Juice and Water</p>	<p>15 (WG) Goldfish Crackers Banana Juice and Water</p>	<p>16 Oatmeal Cookies Orange Slices Juice and Water</p>	<p>17 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>18 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>19 Animal Crackers Apple Sauce Juice and Water</p>	<p>20 (WG) Goldfish Apple Slices Juice and Water</p>	<p>21 Graham Crackers Banana Juice and Water</p>	<p>22 Pretzels String Cheese Applet Slices Juice and Water</p>	<p>23 Vanilla Yogurt Mandarin Oranges Juice and Water</p>	<p>24 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>25 Size Servings Ages 1-2 1 Ounce / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>26 Oatmeal Cookies Orange Slices Juice and Water</p>	<p>27 WG) Wheat Crackers Mandarin Oranges Juice and Water</p>	<p>28 Ritz Crackers & Cheese Apple Slices Juice and Water</p>	<p>29 Animal Crackers Apple Sauce Juice and Water</p>	<p>30 WG) Cereal Mix Apple Sauce Juice and Water</p>	<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>