

Breakfast

February 2021



(WG) – Whole Grain (WW) – Whole Wheat (MG) – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>1 Oatmeal Apple Sauce Milk</p>	<p>2 All Bran Wheat Cereal Mandarin Oranges Milk</p>	<p>3 (WG) Waffles Pineapple Chunks Milk</p>	<p>4 English Muffins Banana Milk</p>	<p>5 (WW) Toast & Jelly Apple Sauce Milk</p>	<p>6 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>7 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>8 (WG) French Toast Peaches Milk</p>	<p>9 (WG) Pancakes Peach Slices Milk</p>	<p>10 (MG) Cheerio Cereal Pear Slices Milk</p>	<p>11 Kix Cereal Mandarin Orange Milk</p>	<p>12 (WW) Bagels & Cream Cheese Orange Slices Milk</p>	<p>13 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>14 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>15 School Closed Presidents' Day</p>	<p>16 All Bran Wheat Cereal Mandarin Oranges Milk</p>	<p>17 (WG) Waffles Pineapple Chunks Milk</p>	<p>18 English Muffins Banana Milk</p>	<p>19 (WW) Toast & Jelly Apple Sauce Milk</p>	<p>20 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>21 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>22 Oatmeal Apple Sauce Milk</p>	<p>23 (WG) Pancakes Pears Slices Milk</p>	<p>24 (MG) Cheerio Cereal Pear Slices Milk</p>	<p>25 Kix Cereal Mandarin Orange Milk</p>	<p>26 (WW) Bagels & Cream Cheese Orange Slices Milk</p>	<p>27 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>28 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>						<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>

