

# AM & PM Snack      December 2021



WG – Whole Grain   WW – Whole Wheat   MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup			(WG) Cereal Mix Apple Sauce Juice & Water	(WG) Goldfish Crackers Banana Juice & Water	Vanilla Yogurt Peach Slices Juice & Water	Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
5	6	7	8	9	10	11
Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	Animal Crackers Apple Slices Juice & Water	(WW) Graham Crackers Orange Slices Juice & Water	(WG) Mini Bagels With Cream Cheese Banana Juice & Water	(WW) Wheat Thins Banana Juice & Water	(WG) Saltine Crackers String Cheese Oranges Slices Juice & Water	Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
12	13	14	15	16	17	18
Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	Ritz Crackers & Cheese Apple Slices Juice & Water	Oatmeal Cookies Orange Slices Juice & Water	(WG) Cereal Mix Apple Sauce Juice & Water	(WG) Goldfish Crackers Banana Juice & Water	Vanilla Yogurt Peach Slices Juice & Water	Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
19	20	21	22	23	24	25
Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	Animal Crackers Apple Slices Juice & Water	(WW) Graham Crackers Orange Slices Juice & Water	(WG) Mini Bagels With Cream Cheese Banana Juice & Water	<b>Christmas Eve School Closed</b>	<b>Christmas Day School Closed</b>	Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup
26	27	28	29	30	31	
Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup	Ritz Crackers & Cheese Apple Slices Juice & Water	Oatmeal Cookies Orange Slices Juice & Water	(WG) Cereal Mix Apple Sauce Juice & Water	<b>Day Before New Year's Eve School Closed</b>	<b>New Year's Eve School Closed</b>	Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup