

Breakfast

August 2022

WG – Whole Grain WW - Whole Wheat MG – Multi Grain



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>1 WG) French Toast Peaches Milk & Water</p>	<p>2 (WG) Waffles Pineapple Chunks Milk & Water</p>	<p>3 All Bran Wheat Cereal Banana Slices Milk & Water</p>	<p>4 (WG) Chex Cereal Mandarin Oranges Milk & Water</p>	<p>5 (WG) Croissant & Jelly Apple Sauce Milk & Water</p>	<p>6 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>7 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>8 (WG)Waffles Apple Sauce Milk & Water</p>	<p>9 (WG) Pancakes Peach Slices Milk & Water</p>	<p>10 (MG) Cheerio Cereal Pear Slices Milk & Water</p>	<p>11 All Bran Wheat Cereal Mandarin Oranges Milk & Water</p>	<p>12 (WW) Bagel & Cream Cheese Orange Slices Milk & Water</p>	<p>13 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>14 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>15 WG) French Toast Peaches Milk & Water</p>	<p>16 (WG) Waffles Pineapple Chunks Milk & Water</p>	<p>17 All Bran Wheat Cereal Banana Slices Milk & Water</p>	<p>18 (WG) Chex Cereal Mandarin Oranges Milk & Water</p>	<p>19 (WG) Croissant & Jelly Apple Sauce Milk & Water</p>	<p>20 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>21 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>	<p>22 (MG) Chex Cereal Apple Sauce Milk & Water</p>	<p>23 (WG) Pancakes Pears Slices Milk & Water</p>	<p>24 (MG) Cheerio Cereal Pear Slices Milk & Water</p>	<p>25 English Muffins Mandarin Oranges Milk & Water</p>	<p>26 (WW) Bagel & Cream Cheese Orange Slices Milk & Water</p>	<p>27 Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{3}{4}$ Cup</p>
<p>28 Size Servings Ages 1-2 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>	<p>29 WG) French Toast Peaches Milk & Water</p>	<p>30 (WG) Waffles Pineapple Chunks Milk & Water</p>	<p>31 All Bran Wheat Cereal Banana Slices Milk & Water</p>			<p>Size Servings Ages 3-5 1.5 Ounces / $\frac{3}{8}$ Cup $\frac{1}{2}$ Slice / $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup $\frac{1}{4}$ Cup</p>